

## **Boothbay Region YMCA Reopening Plan**

The BR YMCA staff have been hard at work navigating the Covid-19 pandemic and its effect on the work as a YMCA. Over the past few months the Y has reached out to members over the phone and created many new virtual options as resources for the community. A new reopen date for June 12th has been cleared by state guidelines.

In order to ensure the health and safety for our employees, customers, and community, we have taken a very cautious approach in regard to reopening the Y.

- Boothbay Region YMCA Members only
- Facility capacity- limiting number of individuals in workout areas to facilitate social distancing
- Capacity restrictions to limit customers in the building (50) each hour
- Emery pool – 6 people (1 per lane), Therapy pool – 2 people
- Tennis – 2 people (court 1), Pickle ball- 4 people (court 2) – reservation required
- Walking Track – 10 people
- Cardio Area- 10 people
- Free Weight Room – 4 people
- Cybex Room – 4 people
- Stretching Area – 4 people
- Gymnasium – 6 people (1 per basket)
- Racquetball – 2 people (reservation required)
- Squash – 2 people (reservation required)
- Proper protective equipment for employees, including face coverings
- Stringent cleaning policies for members, staff, and facilities team
- Limited operating hours
- 5:30am-6:00pm Monday through Friday (Closed 12-1 for cleaning)
- Saturday 7:00am-5:00pm
- Designated facility times for seniors 60+ years old
- 8:00-11:30am Monday-Friday
- No locker rooms or shower access
- 1 visit per day – 60 minutes maximum usage (allowing everyone the opportunity to work out)
- No use of Y equipment (basketballs, racquetball, pickle ball, and tennis)
- No in-house fitness classes or youth programs (Virtual classes available on Facebook Live and Zoom)
- No access to Aerobic Studios, Cycling, Coastal Club Room, and Teen Center

There is much more work ahead for the Y. Updates and additional resources will continue to be available to keep you informed of the Y's efforts to support the community.

Please continue to visit the Boothbay Region YMCA's website and Facebook page for the most up-to-date information at [boothbayregionymca.org](http://boothbayregionymca.org).