

Boothbay YMCA Pool Schedules					September- October 31st 2025		
Emery Lap Pool	TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	5:30-7:50	6 Lanes Open	3 Lanes Open	6 Lanes Open	3 Lanes Open	6 Lanes Open	6 Lanes Open 7-11 am
	7:50-8:50	No Lanes Open	4 Lanes Open	No Lanes Open	4 Lanes Open	No Lanes Open	
	8:50-11:00	6 Lanes Open	6 Lanes Open	6 Lanes Open	6 Lanes Open	6 Lanes Open	
	11:00-1:00	Closed					Closes @ 11 on Saturdays
	1:00-3:00	6 Lanes Open	6 Lanes Open	6 Lanes Open	6 Lanes Open	6 Lanes Open	
	3:00-4:00			5 Lanes Open			
	4:00-5:00	1 Lane Open		6 Lanes Open	1 Lane Open		
		Swim Team Begins 10/13, Practice 4-5:30. 0 Lanes Open.					
	5:00-6:00	4 Lanes Open	6 Lanes Open	4 Lanes Open	6 Lanes Open		
Ann Leach Pool	5:00-7:00	Closed					
	7:00-8:30	Open / Family Swim	Open / Family Swim	Open / Family Swim	Open / Family Swim	Open / Family Swim	Open / Family Swim
	8:50-9:30	1/2 Open 1/2 Balance	Open / Family Swim	1/2 Open 1/2 Balance		Open / Family Swim	
	9:30-11:00	Open / Family Swim	1/2 Open 1/2 Lessons	Open / Family Swim		1/2 Open 1/2 Lessons	
	11:00-1:00	Closed					Closes @ 11 on Saturdays
	1:00-3:30	Open / Family Swim	Open / Family Swim	Open / Family Swim	Open / Family Swim	Open / Family Swim	
	3:30-4:50					1/2 Open 1/2 Lessons	
	4:50-6:00					Open / Family Swim	

- SCHEDULE SUBJECT TO CHANGE.
- POOLS CLOSED: MONDAY 9/1, & MONDAY 10/13.
- Adults are entitled to the pool in the same way that families are. All they want is a place to work out without being swum into. Please try and leave them some space when swimming past.

Fall 1 PROGRAMS:

Swim Lessons:

- Preschool level 1-2. Tuesdays. 9:30-10:00. Ann Leach Pool.
- Preschool level 1-2-3. Fridays.3:30-4:00. Ann Leach Pool.
- School Age level 1-2. Mondays. 4-4:45. Ann Leach Pool.
- School age level 3-4. Wednesdays. 3:15-4:00. Emery Pool.
- STEP. Ages 6+. Mondays/ Thursdays. 4:00-5:00. Emery Pool.

Aqua Areobics (ages 15+):

- Aqua Combo. Mondays/Wednesdays/Fridays. 8:00 - 8:45. Emery Pool. Included with membership.
- Aqua Fit. Tuesdays/Thursdays. 8:00-8:45. Emery Pool. \$25Member \$50 Non Members.
- Aqua Stretch and Balance. Mondays/Wednesday. 8:50-9:30. Ann Leach Pool. \$25Member \$50 Non Members.
- Aqua Bootcamp. Mondays/Wednesday. 5:15-6:00. Emery Pool. \$25Member \$50 Non Members.