

Boothbay YMCA Pool Schedules

September 1st-October 30th, 2026

Emery Lap Pool	TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	5:30-7:50	6 Lanes Open	3 Lanes Open	6 Lanes Open	3 Lanes Open	6 Lanes Open	6 Lanes Open 7-11 am	Closed
	7:50-8:50	1 Lanes Open	3 Lanes Open	1 Lane Open	3 Lanes Open	1 Lane Open		
	8:50-11:00	6 Lanes Open	6 Lanes Open	6 Lanes Open	6 Lanes Open	6 Lanes Open		
	11:00-1:00	Closed					Closes @ 11 on Saturdays	Closed
	1:00-4:00	6 Lanes Open	6 Lanes Open	6 Lanes Open	6 Lanes Open	6 Lanes Open		
	4:00-5:15	2 Lanes Open		5 Lanes Open	2 Lanes Open			
	5:15-6:00	1 Lanes Open		3 Lanes Open	6 Lanes Open			

Ann Leach Pool	5:00-7:00	Closed						
	7:00-9:00	Open / Family Swim	Open / Family Swim	Open / Family Swim	Open / Family Swim	Open / Family Swim	Open / Family Swim	Closed
	9:00-11:00	1/2 Open 1/2 Stretch	1/2 Open 1/2 Lessons	1/2 Open 1/2 Stretch	1/2 Open 1/2 Lessons			
	11:00-1:00	Closed					Closes @ 11 on Saturdays	
	1:00-3:00	Open / Family Swim	Open / Family Swim	Open / Family Swim	Open / Family Swim	Open / Family Swim		
	3:00-4:15		1/2 Open 1/2 Lessons	Open / Family Swim	1/2 Open 1/2 Lessons			
	4:15-6:00		Open / Family Swim	1/2 Open 1/2 Lessons	Open / Family Swim			

- SCHEDULE SUBJECT TO CHANGE.
- During Open / Family swim, please be respectful of everyone sharing space.
- Avoid jumping, splashing & swimming to close to others.

Swim Lessons

- Preschool Level 1 / 2. Ages 3-5. Tuesdays 9:30-10 AM. Ann Leach Pool. Starts 9/15
- Preschool Level 1 / 2. Ages 3-5. Thursdays 3:30-4:00 PM. Ann Leach Pool. Starts 9/17
- School Age 1 / 2. Ages 6+. Tuesdays 3:3-4:15 PM. Ann Leach Pool. Starts 9/15
- School Age 3 / 4. Ages 6+. Wednesdays 4:15-5:00 PM. Emery Pool. Starts 9/16

Aqua Aerobics (ages 15+):

- Aqua Combo. Mondays/Wednesdays/Fridays. 8:00 - 8:45 AM. Emery Pool. Included with membership.
- Aqua Fit. Tuesdays/ Thursdays. 8:00 -8:45AM. Emery Pool. \$25 Member \$50 Non Members. Starts 9/15
- Aqua Stretch & Balance. Mondays/Wednesdays 8:50-9:30 AM. Ann Leach Pool. \$25 Members \$50 Non Members. Starts 9/14
- Aqua Bootcamp. Mondays/Wednesday. 5:15-6:00 PM. Emery Pool. \$35 Member \$70 Non Members. Starts 9/14

Swim Team

- Swim Club. Mondays/Thursdays. Emery Pool. Starts 9/14
 - Sharks (Experienced, Typically 10+) 4:00-5:30 PM
 - Porpoises (Moderate, Typically 8-9) 4:00-5:00 PM

