Boothbay YMCA Pool Schedules October 31-December 31, 2026

Emery Lap Pool

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30-7:50	6 Lanes Open	3 Lanes Open	6 Lanes Open	3 Lanes Open	6 Lanes Open	6 Lanes Open 7-11 am	Closed
7:50-8:50	2 Lanes Open	3 Lanes Open	2 Lanes Open	3 Lanes Open	2 Lanes Open		
8:50-11:00	6 Lanes Open	6 Lanes Open	6 Lanes Open	6 Lanes Open	6 Lanes Open		
11:00-1:00	Closed					Closes @ 11 on Saturdays	
1:00-2:00	6 Lanes Open	6 Lanes Open	6 Lanes Open	6 Lanes Open	6 Lanes Open		
2:00-3:00			4 Lanes Open				
3:00-4:00	5 Lanes Open	5 Lanes Open	6 Lanes Open	5 Lanes Open	5 Lanes Open		
4:00-5:15	2 Lanes Open	1 Lane Open	5 Lanes Open	2 Lanes Open	2 Lanes Open		
5:15-6:00	1 Lanes Open	6 Lanes Open	3 Lanes Open	6 Lanes Open	6 Lanes Open		

Ann Leach Pool

5:00-7:00	Closed						
7:00-9:00	Open / Family Swim	Open / Family Swim	Open / Family Swim	Open / Family Swim	Open / Family Swim	Open / Family Swim	Closed
9:00-11:00	1/2 Open 1/2 Stretch	1/2 Open 1/2 Lessons	1/2 Open 1/2 Stretch	1/2 Open 1/2 Lessons			
11:00-1:00	Closed					Closes @ 11 on Saturdays	
1:00-3:00	Open / Family Swim	Open / Family Swim	Open / Family Swim	Open / Family Swim	Open / Family Swim		
3:00-4:15	1/2 Open 1/2 Lessons						
4:15-6:00	Open / Family Swim						



- **SCHEDULE SUBJECT TO CHANGE.**
  - **During Open / Family swim, please be respectful of everyone sharing space.**
  - **Avoid jumping, splashing & swimming to close to others.**

Swim Lessons

- **Babies and Bubbles. 6 Months -2 Years with a parent. Thursdays 10-10:30 AM. Ann Leach Pool.**
- **Water Wigglers. Age 2. Tuesdays 9:30-10:00 AM. Ann Leach Pool.**
- **Preschool Level 1 / 2. Ages 3-5. Mondays 9:30-10:00 AM. Ann Leach Pool.**
- **School Age 1 / 2. Ages 5+. Mondays 3:15-4:00 PM. Ann Leach Pool.**
- **School Age 3 / 4. Ages 6+. Wednesdays 4:15-5:00 PM. Emery Pool.**
- **Teen Swim Skills. Ages 12+. Tuesdays 4:30-5:30 PM Emery Pool.**

Aqua Aerobics (ages 15+):

- **Aqua Combo. Mondays/Wednesdays/Fridays. 8:00 - 8:45 AM. Emery Pool. Included with membership.**
- **Aqua Stretch & Balance. Mondays/Wednesdays 8:50-9:30 AM. Ann Leach Pool. $25 Members $50 Non Members.**
- **Aqua Bootcamp. Mondays/Wednesday. 5:15-6:00 PM. Emery Pool. $30 Member $60 Non Members.**
- **Teen Aqua Bootcamp. Ages 13-18. Wednesdays 2:15-3:00 PM**

Swim Team

- **Swim Team Schedule.**
  - **Sharks (Experienced) Mondays, Tuesdays, Thursdays And Fridays. 4:00-5:30 PM Sharks will practice earlier 3:00- 4:00 PM when High School Swim starts in November**
  - **Porpoises (Moderate) Mondays, Tuesdays, and Thursdays. 4:15-5:30PM**
  - **Sailfish (Beginners) Tuesdays and Thursdays. 4:30-5:30 PM**

