

Boothbay Region YMCA Child Enrichment Center and Harbor Montessori School

Family Handbook

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Boothbay Region YMCA Mission

 To strengthen individual families and the community guided by Christian principles, including the universal values of Caring, Honesty, Respect, and Responsibility through programs that build a healthy spirit, mind, and body for all.

Our Vision

• The Boothbay Region YMCA's vision is to nurture youth's potential, promote healthy living for all, and foster social responsibility.

Our Philosophy

- The Boothbay Region YMCA Child Enrichment Programs offer opportunities for children to interact in an inclusive, child-directed environment. We focus on learning in the developmental areas of cognition, social emotion, language, and physical development. We monitor and assist children in acquiring new skills, believing that children learn at their own pace, developing skills as they build upon gained knowledge.
- Families are an integral part of our program. Teachers help introduce cultural, physical, and economic differences while working with the children and families involved in our programs. Our goal is to create an environment that nurtures, encourages response, and promotes self-esteem and trust; the hope is that the experiences we offer will promote unique and positive outcomes for the children and families we serve.

Program Goals

- The Child Enrichment Center is a safe, caring environment where each child is encouraged to learn new skills, express himself freely, and explore the environment. Teachers facilitate independence and selfesteem and model and support problem-solving skills.
- Teachers provide an environment designed to promote socialemotional, cognitive, physical, and language skills. Using processoriented and sensory activities, children learn to take risks in a safe environment and build self-confidence.
- Our day is designed with individual and group activities as well as free and structured work time. Teachers observe and interact with children daily, attempting to maintain an environment that is stimulating and meets the needs of each child at his/her own level of readiness. Ultimately, in keeping with the purpose and philosophy of the YMCA, we strive to help children develop fully in body, mind, and spirit.

Infant / Toddler Curriculum

We believe that children learn through play. Therefore, the
environment in our childcare programs is designed to allow exploration
and encourage independence. Our goal is to provide a Montessoriinspired developmentally appropriate curriculum to enhance the healthy
growth of each individual child. Through observation, teachers will
design creative activities that teach skills needed to move to the next
developmental stage.

Harbor Montessori School Curriculum

• We believe that a child from two and a half to six years of age is an avid learner, and we strive to foster creativity, curiosity, and exploration within a traditional Montessori setting. The classroom is student-led, while teachers take on a passive role, observing and providing guidance, direction, and lessons as necessary. The prepared environment provides a sense of order and allows the child the freedom to develop self-control and self-discipline through the manipulation of the materials. It is a child-centered environment with an emphasis on the child's individual progress in the classroom. The child-sized world is filled with specific materials designed to promote the development of the children in the following curriculum areas: Practical Life, Sensorial, Language, Math, and Cultural Studies. In addition, we provide lessons in grace and courtesy and encourage the development of a strong sense of self and social responsibility within the community.

Admission Information

 The Y admits families without regard to sex, race, national origin, religion, political beliefs, marital status, or disability.
 Enrollment at the Center is limited and structured to provide the most positive experience for the children.
 Our programs are licensed through the State of Maine Child Care Licensing Department.

Child Staff Ratio

 All programs will follow the Maine State Rules for Licensing of Child Care Facilities. Ratios of children to staff are as follows:

Age of Child:	Number of Staff:
6 weeks to 1 year	1:4
1 year to 2 ½ years	1:5
2 ½ years to 3 years	1:7
3 years up to 5 years	1:8
5 years old	1:10 (If a student is aged 5 in the group)

• Center Hours of Operation

7:00 am-5:00 pm Monday through Friday

Montessori Hours (for children 3 to 5 years old)
 Half Day Friends: 8:30 am-11:30 am

• **Full Day Friends**: 8:30 am-2:30 pm Before and after care is included in the weekly fee.

Staff Trainings

 We believe that quality child care happens when staff have education and training. However, we reserve the right to close child care for training and will provide at least two weeks' notice for parents to find alternate care.

Snow Policy

- The program will follow this Y Policy for late or no opening: Please tune in to Storm Center on Channel 6 or check their website at www.wcsh6.com to see if the Boothbay Schools are closed. If they are, then scroll down the website to Maine Private, and this is where the Boothbay Region YMCA Child Enrichment Center will be listed if we are delayed or closed. Please note: Although we try to follow the school closing, there are some cases in which we do not close even though the school has.
- If the center is open and the weather worsens, we will contact parents and let them know when they will need to pick up their child/ren.
- If we are closed due to inclement weather, tuition will remain due for the first

four occurrences. Thereafter, credits will be issued for closed days. No credits will be issued if the Center closes early due to worsening weather.

Enrollment

- We require incoming families to arrange an appointment with our Child Care Director to learn about our programs and to tour the Center. It is important to have questions answered, view the design of the classroom, and observe interactions between children and teachers. It is also important to discuss the transitions available to your child. As with all changes, a adjustment period is expected when a new child joins our group.
- Enrollment is offered year-round for the Infant and Toddler programs.
 Enrolling in the Harbor Montessori School is a school-year commitment.
 If needed, a wait list will be developed and as openings occur, they will be filled from the list. Summer Camp is offered during the summer months.

Registration

- The following forms must be submitted before your child begins our program:
 - 1. Emergency Information
 - 2. Child Care Contract & Fee Agreement
 - 3. Immunization Records
 - 4. Release & Waiver of Liability
 - 5. Questionnaire
 - 6. Signed Parent Handbook Acknowledgment Sheet
- To enroll at our Center, a family membership at the Boothbay Region YMCA must be established and maintained throughout your child's enrollment.

Tuition

- Weekly tuition is due the Friday before the next week of care. In other words, tuition will be paid before the week of service. A twoweek written notice is required to terminate care. Lack of notice will require payment up to two weeks after your child's last day.
- Direct withdrawal from a debit/credit, checking, or savings account is required to enroll a child in the program.
- Our Center closes promptly at 5:00 PM. A late fee of \$15 for every 10 minutes or fraction thereof will be charged for a child who remains at the Center beyond closing time. If there is an emergency and you can't be here on time, please call the Center and let us know. Inclement weather is not a valid excuse for late pick-up.
- We reserve the right to terminate services when tuition is repeatedly unpaid or a parent is repeatedly late for pick-up.

Developmental Screening

- One of the early childhood agencies with whom we collaborate is Child Development Services. This organization screens, evaluates, and provides the following services to children with disabilities from birth through school age five:
 - 1. Free Developmental Screenings
 - 2. Evaluations in the area(s) of concern
 - 3. Early intervention services for eligible children
 - 4. Service coordination to support the family and monitor the child's progress
 - 5. Transition planning for public school entry
- All children are eligible for evaluation by a CDS professional. The Child

- Enrichment Director may make referrals with parental permission.
- In addition, any family may, at any time, request a developmental screening by contacting CDS at (207) 563-1411.

Behavior Management

- In our classroom, we use various techniques to guide each child in appropriate behavior yet encourage them to manage his/her behavior. In our classroom design, we create areas where children can access material independently and provide more than one of the most interesting materials to alleviate conflicts.
- Another technique we use is language. We use conversation, songs, and books to broaden our language skills. As skills increase, we assist each child in directly communicating his/her needs to peers and encouraging problem-solving.
- Teachers use **modeling** as an effective teaching tool in behavior management. Teachers model the appropriate use of language, positive affect, and problem-solving skills. Using this technique, children can observe appropriate strategies to use when they enter a difficult situation. In addition, teachers facilitate suitable responses when a child cannot respond appropriately.
- We offer many choices for children during the day, including the
 materials they use and self-care routines (toileting, meals), and how to
 solve the problems that arise in group care. In using choices, we are
 enabling the child to learn skills to resolve problems independently.
 For example, "Would you like to leave the book on the shelf or take it
 to the playground with you?" If a child cannot make a choice, we may
 prompt them by counting to three and sometimes make the choice for
 him/her.
- When these usual techniques become ineffective, a teacher may require that a child take some **time away** from the group, child, or activity contributing to the disturbance. Allowing the child time to think about the consequences of his/her behavior and the effects of his/her behavior on another child or the group as a whole enables the child to return to play when he/she is more productive. Teachers support the child as he/she refocuses and rejoins the classroom by setting limits and encouraging the child to recognize and talk about his/her feelings.
- Holding will be utilized in extremely rare cases where a dangerous threat to a child exists. Supportive holding is characterized by holding for less than five minutes, picking up a child and moving him/her to a safe location, and intervening calmly and predictably. This will be considered only in the following situations:

- 1. A child's safety is at risk;
- 2. The safety of other children or adults is at risk;
- 3. The child must be moved to be safely supervised; or
- 4. The child demonstrates a sustained behavior that is highly disruptive and/or upsetting to other children, necessitating moving the child.
- At no time do we use shaming, withholding of food, verbal abuse, or corporal punishment to manage behavior.

Conflict Resolution

 Our primary concern is to provide a safe environment for all children all the time. The teachers in each program have been trained in using conflict resolution and will work to model this approach to the children in their care by helping children calm down, identifying the problem, generating solutions, reviewing solutions, choosing one, and checking back.

Supervision

 Infants and toddlers remain in sight and hearing (in the case of sleeping infants) of a staff member at all times. Older Montessori children may be allowed to independently go to their cubbies and the bathroom.

Concerning Behavior

- When a concerning behavior is observed, we have a plan to support those involved as follows:
- Observations Recorded by Teachers in the Program or Center Director

The teachers in the program or the director will record observations regarding the child's behavior and interactions in the classroom. These observations will be shared with the parent(s) to:

- 1. Discuss concerns (both from parent and classroom teachers)
- 2. Create a plan (suggest possible strategies to support the child and reduce behavior)
- 3. Schedule a date to meet again (for a period of time or only one more time, dependent on behavior)

Continued Observations

The program teachers will follow the plan for a period of time (approximately two weeks) and document any changes. If the behavior increases or becomes harmful to other children, the child himself, or other teachers, a meeting will be called to discuss the next steps.

• If the plan does not seem to improve the behavior or when concerns about developmental issues are present, a referral will be made to an early childhood support agency if there is parental consent. This will

allow experts in the early childhood field to observe the child and offer suggestions or support the child. This may include developmental therapy, support staff working with the child, other types of therapy, or additional services.

Biting Policy

- Even though biting is a normal stage of development for many during childhood, it is required by the Maine Department of Health and Human Services Child Care Licensing and Regulatory Division that childcare centers maintain a safe and healthy environment for all children in care, and a chronic biting situation creates an unsafe environment.
- Biting occurs for many reasons, whether it is teething, a lack of language, frustration, attention-getting, or being overly tired.
- Our Center's policy on biting is as follows:
 - 1. If your child bites 3 times (as long as the skin on the other person is not broken) on any one day, then your child will be sent home for the remainder of that day.
 - 2. If the skin is broken due to a bite at any time, the child will be sent home immediately for the remainder of that day.
 - 3. If the biting continues and it becomes necessary to send the child home on a daily basis or is adding undue stress on the other children or the environment, it may become necessary to terminate child care arrangements. This is not something we like to do, so please know that this would be a last resort.
- How we minimize biting at the Center:
 - 1. Shadow the biter so that he or she is always near the providers or within arm's reach.
 - 2. Provide lots of language, such as "Biting hurts" and "We use our teeth for food."
 - 3. Provide frozen teething rings for those who need something to chew on.
 - 4. Provide supportive information to parents who are worried about their child biting and offer suggestions on how to stop the biting habit.

Dismissal

• The parent/teacher relationship is crucial to supportive care for children. If a difficult behavior or condition threatens the health and safety of children or teachers in the program, a child may be dismissed from care for the remainder of the day and perhaps longer. We hope to work collaboratively with all children and families to avoid this

outcome.

Termination of Care

 On rare occasions, the Center terminates care. We reserve the right to terminate childcare services at any time. Children may be unenrolled if a behavior or condition threatens the health and safety of children or teachers in the program or for non-payment of tuition or assessed fees.

Reporting Abuse

- The safety of children in our care is our utmost responsibility. Essential
 to this responsibility is that parents support the state policy that
 considers physical, sexual, or emotional abuse intolerable and that
 immediate action will be taken if such an allegation is made. The
 following procedures will be followed in the event of an allegation:
 - 1. The alleged victim will be our primary concern, ensuring safety, protection, and comfort;
 - A staff person, as soon as he or she is accused of abuse, will be suspended immediately with pay until the investigation is completed and a report issued;
 - 3. The accusation, suspicion, or risk of harm will be reported immediately to the appropriate State authority;
 - 4. The Boothbay Region Y will cooperate fully with the investigation;
 - 5. The Boothbay Region Y will act responsibly when the investigation is over to ensure the protection of all children in our program.
- In the case of an event observed by a staff member or a direct report of a staff member, we will follow the following procedure:
 - 1. The staff member will report the observation/incident to the immediate supervisor/lead teacher;
 - 2. The supervisor/lead teacher will immediately report to the Director and will determine what action should be taken;
 - 3. If a report to the Department of Human Services is needed, the above procedure will immediately be put in place;
 - 4. If no further reporting is necessary, the Director will explain the rationale for this decision to the initiator.

Resolving Family Concerns

• If there is a concern, a meeting with the Director or teaching staff may be requested at any time. For programmatic issues, lead teachers are an excellent resource. The Director is available to assist with policy issues and support classroom issues. The Y feels positive parent-teacher communication is necessary to create the best possible environment for children. When you have concerns or questions, we encourage you to communicate them to us in a timely manner. Only in this way may we hope and expect to be responsive to your needs. Please be mindful of the personal lives of our teachers and consider the timing of your communication. During the workday, teachers have limited time to communicate by phone. The best time to discuss an

issue is during drop off, pick up, or a scheduled conference. We ask that you do not contact the teachers during non-business hours as that is their well-deserved personal time.

Holidays/Days Closed

- Our childcare programs will be closed on the following holidays:
 - 1. New Year's Eve day (close @ 12:00)
 - 2. New Year's Day
 - 3. Memorial Day
 - 4. Fourth of July
 - 5. Labor Day
 - 6. Indigenous People's Day (Columbus Day)
 - 7. Veteran's Day
 - 8. Thanksgiving Day and the next day
 - 9. Christmas Eve Day (close @ 12:00)
 - 10. Christmas Day and the following day
- *All hours/holidays and closures are subject to change and depend on when holidays fall in the yearly calendar.
- The Montessori program will not operate during Christmas break, February break, and April break. However, child care will be available for Montessori children during these times, and full tuition will remain due.
- Tuition will remain due on these closed days as stated in the Child Enrichment Contract form.
- Additional closed days may be scheduled with notice provided if attendance appears too low to be open.

Photography

 We believe in using photographs in the classroom to promote a sense of self and encourage an understanding of multi-cultural differences. Additionally, we use photographs in our curriculum, in art projects, for bulletin boards, etc. We also post pictures to social media periodically.

Family Participation

- Family members can visit, observe, and participate in our programs.
 Although it is unnecessary to notify the teachers that you will be dropping in, it is preferred to have family members set up an observation time in advance so children can be informed and to ensure we will be in the classroom then.
- There will be times when we may request extra help to provide your

child with the opportunity to experience field trips. Also, if you would like to share your professional or special talents, a game, or your favorite story with our children, please make arrangements with the teachers or the Director.

- We believe that children learn through modeling, and we, as teachers, work to interact respectfully with each other. Therefore, we ask that parents follow the following guidelines when they interact with other adults in the classroom environment:
 - 1. Use respectful language;
 - 2. Listen attentively;
 - 3. Talk or meet outside the classroom, away from children, if there is sufficient teacher coverage in the classroom and
 - 4. Avoid adult conversation in front of the children.

Child Abuse Report for Parents

- Child Protective Intake (24 hours a day/7 days a week) 800-452-1999 711 (Maine Relay)
- If you suspect that a child under age 18 is being abused or neglected by a parent or caregiver, call us to file a report!
- Are you concerned that a parent/caregiver is:
 - 1. Chronically calling a child names
 - 2. Threatening to harm a child
 - 3. Physically harming a child
 - 4. Sexually abusing a child
 - 5. Exposing a child to substance abuse
 - 6. Exposing a child to domestic violence
 - 7. Failing to provide a child with adequate food, shelter or clothing
 - 8. Exposing a child to unsafe or unsanitary living conditions

Conferences & Meetings

Parent/teacher conferences are held twice during the year (late fall & spring) for the Harbor Montessori School. Our teachers are always happy to meet with parents upon their request in addition to these conferences. Please contact your child's teacher to set up a meeting.

Weather Preparation and Daily Attire

• Children should wear clothing appropriate for freedom of movement and active exercise. Daily clothing should also be easily washable

because these are the active and dirty years. State law requires that your child be given access to the outdoors for at least two hours daily, weather permitting. This will include winter weather, so remember those boots, mittens, hats, and snow pants. Summer brings some program changes, including a more relaxed daily schedule for extended project work outside, special events, or field trips. Please prepare your child for summer activities with appropriate clothing and sunscreen with an SPF of at least 30. Some other suggestions include a wide-brimmed hat and water shoes.

 We ask that you provide a seasonally appropriate change of clothes to be kept at school at all times. Please remember your child's developmental abilities when selecting clothing, as we encourage your child to do things for himself/herself while at school. We suggest shoes of an easy on-and-off style and clothing that allows for independent dressing and undressing. Please mark all clothing with your child's name in a conspicuous place with a permanent marker to avoid loss and confusion.

Field Trips

- Throughout the school year, all children except infants and toddlers could go on field trips. Toddlers may attend announced field trips sporadically. During the summer months, we increase the frequency of our field trips for children enrolled in Summer Discovery (three years and older). Family members are welcome to join us by coordinating with your child's teacher to arrange to chaperone. If the field trip venue charges a fee, family members may be responsible for their fee. Staff will inform you if a fee applies.
- Transportation is provided by Y buses. If you do not wish for your child to attend field trips, he or she may join his or her class at the Center when the field trip is over. Tuition will remain the same.

Naptime

- Since our childcare programs are designed with various activities to utilize each child's whole body and mind, a naptime is included to allow time for each child's body to rest. Our state licensing requirements also dictate that children receive sufficient opportunity to rest. The Center provides each child with his/her mat. Every mat is cleaned and disinfected weekly or more often as needed. Each child is asked to rest quietly for the first half hour to an hour. Then, an alternative quiet activity is provided for children who no longer nap.
- We ask that you provide a blanket from home, clearly labeled. Due to State Licensing, pillows will not be allowed. However, you may bring a favorite small stuffed animal or an extra blanket

Meal Time, Nutrition & Exercise

- Our program is committed to helping raise a healthier generation of children. We have made it our policy to follow the priority strategies of 5210 Let's Go, a state-wide program aimed at increasing healthy eating and opportunities for physical activity for children, by:
 - 1. Offering fruits, vegetables, and other healthy foods for snacks.
 - 2. Limiting unhealthy choices for snacks and celebrations.
 - 3. Make drinking water visible and freely available to children at all times.
 - 4. Limiting the availability of sugary beverages to less than one time per month, if served at all.
 - 5. Prohibiting the use of food as a reward.
 - 6. Providing opportunities for physical activity every day.
- For celebrations and holiday parties, we encourage sending in healthy options, such as fruits, vegetables, and any celebration food.
- Electronic media can impede exploring, playing, and interacting with others, which encourages learning and healthy physical and social development. Therefore, the center provides very minimal screen time, if any.
- Active play is important for young children's healthy growth and development. In this spirit, our policies are as follows:
 - 1. Montessori Students will receive at least 90 minutes of active play (both indoor and outdoor) each day, and at least 45 minutes for partial-day Montessori students.
 - 2. Toddlers will receive at least 45 minutes of active play (both indoor and outdoor) each day, and part-day students will receive at least 30 minutes.
 - 3. We will provide short, supervised, and engaging tummy time activities for all infants two or more times a day.

Arrival and Pick-up Policies

- An adult must accompany his/her child into and out of the classroom daily.
- If someone other than the primary caregiver is picking up, the center director or teacher must receive written authorization and picture identification will be requested at pick up.
- For the Harbor Montessori School, pick-up/drop-off of Harbor Montessori students is outside of the classroom. This allows the children the opportunity to be independent and gain the ability to be responsible for settling in.

Illness Policy

- The health of all the children in our care and their teachers is our priority. Please make an effort to assist us with reducing the transmission of childhood diseases by noting your child's behavior and checking for a sign of illness. We use common sense in our decisionmaking regarding sickness and trust that you will follow these simple quidelines:
 - 1. A child not well enough to participate in all our daily activities, including swimming, field trips, and outdoor play, should not attend, whether or not the illness is readily diagnosable.
 - 2. A child who is presenting any of the following symptoms should be kept home and will be sent home if any of these symptoms are noted:
 - Sick for any reason
 - Fever (temperature over 100.4 degrees Fahrenheit)
 - Diarrhea or Vomiting
 - An Unexplained Rash or a diagnosed contagious rash
 - Discharging Eyes or Ears
 - Sever sore throat that lasts more than 48 hours, especially with a fever.
 - Large amounts of discolored nasal discharge (especially when it cannot be controlled)
 - Sever ear pain
 - Uncontrolled cough
 - Severe headache (especially with a fever)
 - 3. Healthy children with the following symptoms/conditions may attend programming:
 - Allergy symptoms (with no fever) that cause coughing and a clear, runny nose if they have medically diagnosed allergies and follow medical treatment plans.
 - Well controlled, mild asthma
 - 4. A child sent home with a fever or contagious condition may not attend care or school the following day and cannot return until symptom-free, without medication, for 24 hours.
 - 5. Please notify us if your child has been exposed to a contagious illness. Strep throat, viruses, measles, mumps, chicken pox, conjunctivitis, diarrhea, etc., are among the most highly contagious illnesses. Children with these conditions should not be near other children. If a contagious illness is suspected, we will notify all parents of possible exposure, symptoms to look for, as well as treatment. If your child has a contagious disease and there is a question about when he or she should return to care, we may request a doctor's note stating it is safe for them and others if he or she returns to care.

- If your child does not feel well at school, we will ask you to pick him
 or her up, as soon as possible, and no longer than one hour after we
 contact you. The child cannot return to the Center for the next 24
 hours, and until he or she is symptom-free without medication for
 24 hours.
- Please plan back-up care arrangements in advance for when your child is ill, as we cannot make exceptions to this sick policy.
- 6. Please notify us if your child has or has been exposed to lice. We have a no-nit policy. If a child in our program has been identified, we will do head checks daily for all children until we are no longer finding cases.

Toileting

- Children enrolled in our Montessori program must be toilet trained before attending. Children must be wearing underwear. Children are allowed to wear a pull-up at nap/rest time if needed.
 - Why do children have to be toilet trained before they begin the Montessori Program?
 - There are strict standards for changing and disposing of wet or soiled diapers/pull-ups; our classrooms are not equipped for this.
 - When an adult is busy changing a child's soiled clothing, it takes away from learning time for all students and removes one adult from the direct supervision of and interaction with the rest of the class.
- A child will not be considered toilet trained for our Montessori program
 if the child continues to consistently have toileting accidents after the
 first 3-4 weeks of school.
 - After the first 3-4 weeks of school, the following policies will be in place for children who have accidents:
 - If three or more accidents consistently occur in one day, the parent will be notified with the understanding that if the issue is not corrected by the end of the second week, the child will have to stay home for at least one week or longer until he/she is completely toilet trained.

Medication

- To dispense medication during childcare hours, we must have a signed Medication Authorization Form on file.
- For medications needing refrigeration, please give the medication to a staff member along with the completed form.
- Prescription medication must be in the original prescription bottle or otherwise accompany written instructions from a physician specifying the child's name, name of the medication, amount to be given, and the time to be administered.
- Over-the-counter medications will not be given without written

permission from the parents, including the directions mentioned above.

Absences

 If your child is sick or will otherwise miss school, please notify us. The normal weekly tuition will remain due. There are no credits issued for missed days.

Fire Drills at the Center

 Fire drills are conducted monthly at the center and recorded for licensing. Evacuation routes for each classroom are clearly posted in each classroom. Children and staff evacuated the building and gather at the flag pole for school head count.

BOOTHBAY YMCA CHILD ENRICHMENT CENTER AND HARBOR MONTESSORI SCHOOL ILLNESS READMISSION GUIDELINES

These guidelines are an effort to minimize others' exposure to illness.

ILLNESS AND GUIDELINES

Chicken Pox (Varicella)

 Child may return 5 days after the rash first appears and after all lesions have crusted over and no new lesions appear for 24 hours.

Conjunctivitis

 Child may return when there is no longer any discharge from the eyes and no sooner than 24 hours after medical treatment has begun. REQUIRES A NOTE FROM PHYSICIAN AS TO TREATMENT.

COVID-19

- Child may not return until fever-free for 24 hours without the aid of medication and nausea, vomiting, and diarrhea-free for 24 hours without the aid of any medications.
- We recommend being masked if the child still exhibits symptoms for 5 days.

Diarrhea

 Child must have a 24-hour absence and may not return until there has been **no** incident of diarrhea for 24 hours. Severe cases may require a note from your physician.

Fever over 100.3 Degrees F

 Child may not return until fever-free for 24 hours without medication.

Hand, Foot, and Mouth

 Child may return after all sores are closed, fever has passed, and all discomfort has ceased.

Head Lice

 Child may return after documented treatment, and all nits are removed from the head. Upon return, a parent may not leave the child until a staff member has done a thorough check.

Impetigo

 Child may return after 24 hours of oral and topical medical treatment has begun. REQUIRES A NOTE FROM PHYSICIAN AS TO TREATMENT.

Pertussis (Whooping Cough)

 Child may return after 5 days of antibiotic treatment or for 21 days after cough starts if no antibiotics.

Ringworm

 Child may return after medical treatment has begun and all lesions are securely covered. REQUIRES A NOTE FROM PHYSICIAN AS TO TREATMENT.

Scabies

 Child may return 24 hours after medical treatment. REQUIRES NOTE FROM PHYSICIAN AS TO TREATMENT.

Shingles

 Child may not return until the rash can be covered or when all lesions have crusted over.

Strep Throat

 Child may return 24 hours after medical treatment has begun but must also be fever-free for 24 hours without medication.
 REQUIRES NOTE FROM PHYSICIAN AS TO TREATMENT.

In the case of any illness, a child requiring near-constant one-on-one comfort and/or continuous medication to tolerate symptoms should not be in attendance.

Parental Resources for Developmental Screenings

- https://maineddc.org/images/PDFs/Track Development brochure.pdf
- https://www.cdc.gov/ncbddd/actearly/milestones/index.html
- https://www.maine.gov/earlylearning/standards/infantsandtoddlersguidelines.pdf
- https://www.maine.gov/dhhs/sites/maine.gov.dhhs/files/inline-files/Infant%20and%20Toddler%20MELDS 2021.pdf
- https://www.maine.gov/doe/learning/cds
- https://www.mpf.org/early-childhood.html
- https://umaine.edu/autisminstitute/2021/02/08/learn-the-signs-act-early-resource-cdc/