ENSURE A BRIGHTER FUTURE

BOOTHBAY REGION YMCA
2021 FALL I PROGRAMS

Sept. 7 – Oct. 30

Online Registration Open Sunday, August 22 at Noon
In House Registration Open Monday, August 30
(Break Week October 19 – 24 No classes in Boothbay- 7 weeks)

REGISTER ONLINE
boothbayregionymca.org
SESSION & REGISTRATION DATES
Fall I. September 7 – October 30
Online Registration opens Sunday, August 22nd at noon.
In person registration opens August 30th.

HOLIDAY CLOSURES
Monday, September 6 – Labor Day
Monday, October 11 – Indigenous Peoples Day
Thursday, November 25 – Thanksgiving Day
Saturday, December 25 – Christmas Day

REFUND/CANCELLATION POLICY
If you need to cancel participation in a program due to personal reasons, we ask that you cancel before the session begins, as another member may be waiting for an opening. You will receive a full refund of your class fee if you cancel prior to attending the 2nd class. Refund will not be available after the second class, unless there is a medical reason.

HOURS OF OPERATION
Monday: Friday: 5:30am-6pm
Saturday: 7am-Noon
Sunday: Closed

POOL
Monday – Friday: 5:30am-5pm
Saturday: 7am-4pm
Sunday: Closed
*Suana Closed

MEMBERSHIP FOR ALL
Through the generosity of our donors, we are able to provide programs and services of a YMCA membership to those who may not otherwise be able to participate. Rates are available based on income. Proof of income will be required for Membership for All. If you cannot afford the full cost of a YMCA membership on the Membership for All sliding fee scale, you may apply for financial assistance. All Y members receive the same benefits, regardless of assistance.

EVIDENCE BASED PROGRAMS
• YMCA Diabetes Prevention Program
• LIVESTRONG at the YMCA
• Boxing For Parkinson’s Program
• Blood Pressure Self-Monitoring
• Enhance Fitness
• Peddling For Parkinson’s
• Tai Chi for Arthritis Part I
• Tai Chi for Arthritis Part II
If you would like to participate in our EBHI programs contact Robin Maginn, at Rmaginn@clcymca.org

Visit www.boothbayregionymca.org or our Welcome Center for current schedules.
SWIM LESSON | DAY | TIME | AGE | COST: F/M/NM | SESSION
--- | --- | --- | --- | --- | ---
PARENT/CHILD | TUE | 9-9:30am | 6 MOS. - 3 YEARS | $50/$70/$100 | FALL I SEP. 7 - OCT. 30
PRE SCHOOL | TUE OR THUR | 3:30-4pm | 3-5 YEARS | $60/$80/$120 |
SCHOOL AGE 1-3 | TUE OR THUR | 4-4:45pm | 6+ YEARS | $60/$80/$120 |

**DOLPHIN SWIM TEAM**
Season Start Date: Tuesday Oct. 12
Free Trial Week: Oct. 12-15
The Boothbay Region YMCA Dolphins Swim Team is coached through a philosophy of providing a safe, fun learning environment where swimmers of varying ages, abilities, and goals can succeed and thrive in and out of the pool. Promoting lifelong learning, fitness and sponsorship will be stressed.

- Participants must be 6 years of age by December 1st
- Participants must be a YMCA member

**GROUP 1: TUE/THU 4:15-5PM**
Group 1 is our entry-level group and is for swimmers who are new to competitive swimming and are working on learning the basics of the 4 competitive strokes (freestyle, backstroke, breaststroke, and butterfly).

**GROUP 2: MON/WED/FRI 4-5PM, TUE/THU 3:15-4:15PM**
Group 2 is for swimmers generally in the 9-12 age range that are comfortable in the water and have learned the basics of all 4 competitive strokes (freestyle, backstroke, breaststroke, and butterfly).

**GROUP 3: MON-FRI 3:15-4:45PM**
Group 3 is for swimmers generally aged 13+ with a competitive swimming background. Swimmers will be comfortable swimming all four strokes (freestyle, backstroke, breaststroke, and butterfly).

For more information please contact Zach Gray at dolphins@brymca.org

**SWIM LESSONS**
**SWIM BASICS**
Preschool/School Age (Levels 1-3)
Students learn personal water safety and achieve basic swimming competency by learning to swim, float, swim and jump, push, turn and grab.

**SWIM STROKES**
School Age (Levels 4,5,6)
Having mastered the fundamentals, students learn additional water safety skills and build stroke technique.

**PRIVATE SWIM LESSONS: Ages 5+ & Adults**
- One-on-one attention from trained staff
- Offered to youth and adults
- Offered based on instructor availability
- Prices can be found under the aquatics page of our website.

**PRIVATE SWIM LESSONS**
Contact Lindsey Senecal for more information at lsenecal@brymca.org or 207-633-2855 Ext. 250
PERSONAL TRAINING
Whether you want to prepare for a trip, train for an athletic event, improve your golf or tennis game, or are simply looking for a customized and guided workout, personal training at the YMCA is for you. Contact our Welcome Center or check out our website for more information, scheduling, and prices.

<table>
<thead>
<tr>
<th></th>
<th>1 Hour Session</th>
<th>5 Session Pack</th>
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</thead>
<tbody>
<tr>
<td>Family Member</td>
<td>$60</td>
<td>$275</td>
</tr>
<tr>
<td>Member</td>
<td>$60</td>
<td>$275</td>
</tr>
<tr>
<td>Non-Member</td>
<td>$100</td>
<td>$450</td>
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</tbody>
</table>

NEW MEMBER ORIENTATION
As a new member, your free wellness center orientation provides you with an opportunity to become comfortable in our YMCA. During your orientation, we will guide you through our cardio and strength training machines, as well as our fitness programs and resources. We will discuss your interests and goals to get you on the right track with your Y membership.

FITNESS CLASSES
- Aerobics for All
- Yoga
- Enhance Fitness®
- Seniors in Motion
- Sit & Stretch
- ZUMBA
- Bootcamp
- Cycling
- Pilates/Yoga Stretch
- Aqua Aerobics
- Tai Chi for Arthritis & Better Balance

Y VIRTUAL
- Yoga
- Strength Training
- Tai Chi
- Aerobics
- Interval Training
- Stretching
- Barre
- Zumba

ZOOM CLASSES
ON DEMAND WORKOUT VIDEOS

We have moved to an all new platform for zoom classes and virtual content. To access this content you will need to be a member of the YMCA. To learn more about how to access this content please visit boothbayregionymca.org

All classes are led by an experienced instructor and are designed to provide a fun and unique experience. To view current schedules and class descriptions visit boothbayregionymca.org
## September 7 – October 30, 2021

### Healthy Living Schedule

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
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</thead>
<tbody>
<tr>
<td>5:30-6:30AM Total Body Challenge w/Meagan</td>
<td>5:30-6:30AM Aqua Fitness Pool w/Andy</td>
<td>5:30-6:30AM Total Body Challenge w/Meagan</td>
<td>5:30-6:30AM Aqua Fitness Pool w/Andy</td>
<td>5:30-6:30AM Total Body Challenge w/Meagan</td>
<td>8:15-9:00AM Cycle Cycle Studio w/Abby or Lolly</td>
</tr>
<tr>
<td>8:00-9:00AM Aerobics for All GYM and ZOOM w/Abby</td>
<td>8:00-8:45AM Aqua Aerobics Pool w/Miri</td>
<td>8:00-9:00AM Aerobics for All GYM and ZOOM w/Abby</td>
<td>8:00-8:45AM Aquacise for All GYM and ZOOM w/Abby</td>
<td>8:00-8:45 AM Aqua Aerobics Pool w/Lolly</td>
<td>8:00-8:45AM Zumba CC Room and ZOOM w/Sarah H.</td>
</tr>
<tr>
<td>8:00-8:45AM Aqua Aerobics Pool w/Miri</td>
<td>8:00-9:00AM Cycle Studio Cycle w/ Carla Cycle Studio</td>
<td>8:00-9:00 AM Aqua Aerobics Pool w/Erin</td>
<td>8:00-9:00AM Beginner Tai Chi CC Room w/Robin</td>
<td>8:00-9:00AM Zumba CC Room and ZOOM w/Sarah H.</td>
<td>8:00-9:00AM Zumba CC Room and ZOOM w/Sarah H.</td>
</tr>
<tr>
<td>8:00-9:00AM Zumba CC Room and ZOOM w/Monica</td>
<td>8:00-9:00AM Beginner Tai Chi CC Room w/Robin</td>
<td>8:00-9:00AM Zumba CC Room and ZOOM w/Sarah H.</td>
<td>8:00-10:00AM Yoga w/Steph ZOOM</td>
<td>9:00-10:00AM Yoga w/Steph ZOOM</td>
<td>9:00-10:00AM Yoga w/Steph ZOOM</td>
</tr>
<tr>
<td>9:15-10:00AM Yoga Studio w/Maria</td>
<td>9:15-10:15AM Pilates and Yoga Stretch Studio w/Lori</td>
<td>9:00-10:00AM Yoga w/Steph ZOOM</td>
<td>9:00-10:00AM Yoga w/Steph ZOOM</td>
<td>9:30-10:15AM Seniors in Motion (Enhanced Fitness) CC Room w/Robin</td>
<td>9:30-10:15AM Seniors in Motion (Enhanced Fitness) CC Room w/Robin</td>
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<tr>
<td>9:30-10:15AM Seniors in Motion (Enhanced Fitness) CC Room w/Robin</td>
<td>9:30-10:15AM Seniors in Motion (Enhanced Fitness) CC Room w/Robin</td>
<td>9:30-10:15AM Seniors in Motion (Enhanced Fitness) CC Room w/Robin</td>
<td>9:30-10:15AM Sit and Stretch CC ROOM w/Lolly</td>
<td>9:30-10:15AM Sit and Stretch CC ROOM w/Lolly</td>
<td>9:30-10:15AM Sit and Stretch CC ROOM w/Lolly</td>
</tr>
<tr>
<td>11:15-12 noon Cycle Studio Studio w/Abby</td>
<td>11:15-12 noon Cycle Studio Studio w/Abby</td>
<td>11:15-12 noon Cycle Studio Studio w/Abby</td>
<td>11:15-12 noon Cycle Studio Studio w/Abby</td>
<td>11:15-12 noon Cycle Studio Studio w/Abby</td>
<td>11:15-12 noon Cycle Studio Studio w/Abby</td>
</tr>
<tr>
<td>4:30-5:00pm TRX Studio w/Abby *Fee based class $10 *Session 9/7-10/26</td>
<td>5:15-6:00PM Bootcamp Studio w/Ejaye</td>
<td>5:15-6:00PM Bootcamp Studio w/Ejaye</td>
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### How to access our Virtual Y Page and Zoom Classes
1. Access the page by following this link to [www.boothbayregionymca.org](http://www.boothbayregionymca.org)
2. Use your YMCA membership tag and the 6 digit barcode number on the back of the tag to gain access.
3. Enjoy all our Zoom Classes, Video Library, and Healthy Living Blogs

Boothbay Region YMCA    207.633.2855    www.boothbayregionymca.org
CHILD CARE &
FIT KIDS AFTER SCHOOL PROGRAM

CHILD ENRICHMENT
Our child care programs for children six weeks to 3 years are designed to allow children to explore and create independently. Through observation, teachers design creative activities that teach skills needed to move your child to the next developmental stage.
Hannah Wayda, Child Enrichment Director
hwayda@brymca.org 633-2855 ext.400

HARBOR MONTESSORI
We believe that a child from three to six years of age is an avid learner and we strive to foster creativity, curiosity and exploration within a traditional Montessori setting. The classroom is student-led while teachers take on a passive role, observing and providing guidance and lessons as opportunity arises.
Hannah Wayda, Child Enrichment Director
hwayda@brymca.org 633-2855 ext.400

FIT KIDS
Fit Kids all day will be held at Camp Knickerbocker to help support working families. Your child will enjoy all that Camp K has to offer with a focus on cognitive, social, and physical development, while enjoying the Maine outdoors.
Lindsey Senecal, Fit Kids Coordinator,
lsenecal@brymca.org or 633-2855 ext.250
Erin Gray, Senior Program Director
egray@brymca.org or 633-2855 ext. 250

FIT KIDS SCHEDULE

<table>
<thead>
<tr>
<th>DAYS</th>
<th>COST</th>
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<tbody>
<tr>
<td>Boothbay Schools</td>
<td>Mon–Fri</td>
</tr>
<tr>
<td>Edgecomb Schools</td>
<td>Mon–Fri</td>
</tr>
<tr>
<td>Southport Schools</td>
<td>Mon–Fri</td>
</tr>
</tbody>
</table>
ADULT/YOUTH TENNIS & RACQUET SPORTS

ADULT PROGRAMS

UNLIMITED TENNIS: OCT 4 – DEC 31
Members: $120 Non Members: $170

PRIVATE & GROUP LESSONS
By Appointment
Member: $48 Non member: $58

Contract court times are available quarterly for $25 per person. Maximum 6 people per contract; all must be unlimited tennis players.

BEGINNER/INTERMEDIATE PICKLEBALL
(BEG. SEPT. 7)
Tuesdays, 9am–10am, Thursdays, 12–1pm
beginner/intermediate friendly pickleball.
No sign up required. Doubles is welcome and no reservations are required at this time.
Non Member Drop In $10

INTERMEDIATE/ADVANCED PICKLEBALL
(BEG. SEPT. 7)
10:00am-12:00pm: Tuesdays, Thursdays and Sundays. Intermediate/advanced friendly pickleball. No sign up required.
Non Member Drop In $10

LEARN TO PLAY PICKLEBALL (OCT. 7-28)
Starts October
Thursdays from 12:00pm–1:00pm
Learn to score, strategize and some technique tips
4 weeks, $40 members, $70 non members.

TENNIS & PICKLEBALL COURT FEES
Members: $8/hr/person
Non Members: $8/hr/person + Daily Fee

SQUASH & RACQUET BALL
Go to Yourcourts.com or stop by the Y Welcome Center to reserve a court and get a great work out!

YOUTH MINI SESSIONS

<table>
<thead>
<tr>
<th>LEVEL</th>
<th>DAY</th>
<th>TIME</th>
<th>AGE</th>
<th>SESSION</th>
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</thead>
<tbody>
<tr>
<td>PLAY</td>
<td>MON &amp; WED</td>
<td>3:15–4pm</td>
<td>5–8</td>
<td></td>
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<tr>
<td>TOURNAMENT TRAINING/</td>
<td>MON &amp; WED</td>
<td>4–5:30pm</td>
<td>12+</td>
<td>FALL I OCTOBER</td>
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<tr>
<td>HIGH SCHOOL</td>
<td></td>
<td></td>
<td></td>
<td>4–29</td>
</tr>
<tr>
<td>SPIN</td>
<td>TUE &amp; THUR</td>
<td>3–4pm</td>
<td>8–10</td>
<td></td>
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<tr>
<td>REACH/SPEED</td>
<td>TUE &amp; THUR</td>
<td>4–5pm</td>
<td>11–14</td>
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</table>

PLAY
Red balls on a 36’ court. Participation and learning with a great attitude for developing youth players.

SPIN
Orange balls on a 60’ court. Support each other to play and imagine the fun in learning new concepts.

REACH
Skills and games for non-tournament level players. Respect each other with an encouraging attitude and gain confidence through hard work.

SPEED
Training, strategy and matchplay for tournament level players. Support each other and perform to gain experience and endurance through dedication.
ITTY BITTY GYMNASTICS
Children ages 3 – 5 years will be introduced to different equipment and movements in a structured environment. Parent involvement is encouraged. Parents of this level should be on site when the class is in session. Minimum to run class: 3, and maximum 8.

BEGINNER GYMNASTICS
This program focuses on orienting students with equipment and balancing participants comfort level with each class visit. Participants will begin to develop body awareness and fundamental skills. Minimum to run class: 3, and maximum 8.

<table>
<thead>
<tr>
<th>CLASS</th>
<th>DAY/LOCATION</th>
<th>TIME</th>
<th>AGE</th>
<th>COST: F/M/NM</th>
<th>SESSION</th>
</tr>
</thead>
<tbody>
<tr>
<td>ITTY BITTY GYMNASTICS</td>
<td>Friday Coastal Club Room</td>
<td>3 – 3:45pm</td>
<td>3–5 YEARS</td>
<td>$60/$65/$75</td>
<td>FALL I</td>
</tr>
<tr>
<td>BEGINNER GYMNASTICS</td>
<td>Friday Coastal Club Room</td>
<td>4 – 5pm</td>
<td>5–8 YEARS</td>
<td>$65/$70/$85</td>
<td>SEP. 10 – OCT. 22</td>
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YOUTH FLOOR HOCKEY
Develop hockey skills, teamwork, and learn the basics of hockey with volunteer coach Dylan Murphy. In each class your athlete will learn shooting, passing, stick handling, and defense in a fun age-appropriate way. Parents join along in the Parent & Me class. Rookies class is set for older youth. Parents can view the practices and join in when the time is appropriate. Minimum registered run program 6, maximum 14.

<table>
<thead>
<tr>
<th>CLASS</th>
<th>DAY/LOCATION</th>
<th>TIME</th>
<th>AGE</th>
<th>COST: F/M/NM</th>
<th>SESSION</th>
</tr>
</thead>
<tbody>
<tr>
<td>PARENT &amp; ME FLOOR HOCKEY</td>
<td>WEDS. / GYM</td>
<td>5:15 – 5:45pm</td>
<td>4 – 6 YEARS w/ Parent</td>
<td>$20/$25/$35</td>
<td>FALL I</td>
</tr>
<tr>
<td>ROOKIES FLOOR HOCKEY</td>
<td>WEDS. / GYM</td>
<td>5:45 – 6:30pm</td>
<td>7–9 YEARS</td>
<td>$30/$40/$55</td>
<td>SEP. 15 – OCT. 20</td>
</tr>
</tbody>
</table>
**YOUTH SPORTS**

Joe Clark, Youth Sports Director, jclark@clcymca.org

<table>
<thead>
<tr>
<th>CLASS / PROGRAM</th>
<th>DAY/ LOCATION</th>
<th>TIME</th>
<th>AGE/GRADE</th>
<th>COST: F/M/NM</th>
<th>SESSION</th>
</tr>
</thead>
<tbody>
<tr>
<td>ITTY BITTY SOCCER</td>
<td>Weds. Clifford Park</td>
<td>3:30 – 4:15pm</td>
<td>Ages 4 – 6</td>
<td>$20/$25/$35</td>
<td>Sept. 8 – Oct. 20</td>
</tr>
<tr>
<td>SOCCER LEAGUE</td>
<td>TBD</td>
<td>TBD</td>
<td>1 – 3 &amp; 4 – 6</td>
<td>$40/$50/$75</td>
<td>Sept. 10 – Oct. 30</td>
</tr>
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</table>

**ITY BITTY SOCCER**

Ages 4 – 6
Join volunteer Coach Ben Powell for FALL ITTY BITTY Soccer. Soccer fundamentals, footwork, team play, and fun are the emphasis at the clinic. The clinic will start with skill development, followed by mini games to grow the player’s skills. Minimum to run program: 8 participants. Maximum 24.
Location: Clifford Park.

**YOUTH SOCCER LEAGUE**

Kickoff Clinic (Registration is a must to participate). September 10, 5:00 – 6:00pm at Clifford Park
Please register in advance for the league and under your son or daughter’s grade level. It is important to register so coaches have an accurate count when picking teams. Volunteer coaches will work on picking teams following the kickoff clinic.

Grades 1 – 3 will practice once during the week pending the volunteer coaches schedule and have games on Saturdays. Games for grades 1 – 3 will be on Saturdays at CLC Y, Lincoln Academy, and at Clifford Park in Boothbay. Schedule TBD based on number of teams in the league.

Grades 4 – 6 will practice once during the week pending the volunteer coaches schedule and have some mid-week games against Wiscasset Park & Rec. Games could also be held at the CLC Y, Lincoln Academy, or Clifford Park pending field availability.
Y-ARTS

DANCE

3:00-3:45pm ITTY BITTY BROADWAY DANCE
Ages: 3-6
Ballet & Tap for our youngest dancers. Join dance teachers, Emerson and Emily, for a combination dance class. Participants will learn basic ballet and tap techniques in a fun and supportive environment. Please bring ballet shoes and tap shoes to class each week. Ballet or athletic attire is considered appropriate for this class.
Session Cost: $35/45/60

BEGINNER BALLET/TAP/JAZZ
Mondays, 3:45-4:45pm, Ages 7-10
This class is intended for students new to tap and ballet and dancers of the appropriate age with previous tap and/or ballet experience. Participants will practice technique and learn combinations for various tap and jazz routines. Please bring tap shoes and ballet shoes and wear athletic attire for this class. Jazz shoes or sneakers are appropriate for the jazz portion of this class.
Session Cost: $47/57/72

INTERMEDIATE-ADVANCED TAP/JAZZ
Mondays, 4:45-5:45pm, Ages 11-15
This class is intended for students with previous tap experience. Participants will practice technique and learn combinations for various tap and jazz routines. Please bring tap shoes and wear athletic attire for this class. Jazz shoes or sneakers are appropriate for the jazz portion of this class.
Session Cost: $47/57/72

DANCE AROUND THE WORLD
Wednesdays, 5:45-6:45pm
This class combines movement, music, and community in a high-energy, cross-cultural dance party packed with kid-friendly routines and all the music kids love from all over the world! This class will inspire kids to express themselves through movement and play while effectively improving their overall health and well-being, increasing their focus and self-confidence, boosting their metabolism, and enhancing their coordination. Come dance with us! This class is intended for all ages! Bring the whole family and have a blast!
Individual Cost: $35/$45/$60
Family Package: $50/$60/$75

HIP HOP DANCE CLASS
Saturdays, 10:00-11:00am, Ages 8-18
Join our newest Dance Teacher, Ejaye Landry, for the all new Y Arts HIP HOP Dance Class! Participants will meet weekly in the YMCA Annex and will learn new choreography along with the fundamental Hip Hop values to express yourself with a new attitude.
Session Cost: $45/$55/$70

INTERMEDIATE MUSIC THEATER DANCE
Thursdays, 3:30-4:30pm, Ages 6-10
5...6...7...8... DANCE! Join Emily Mirabile for our Fall Music Theatre Dance Class! Participants will learn new choreography and routines from various Broadway Style musicals and movies. Come join the fun in the Annex!
Cost: $40/$50/$65

ADVANCED MUSIC THEATER DANCE
Ages 11-18
Thursdays, 4:30-5:30pm
5...6...7...8... DANCE! Join Emily Mirabile for our Fall Music Theatre Dance Class! Participants will learn new choreography and routines from various Broadway Style musicals and movies. This advanced class will include more difficult steps and routines for the seasoned dancer.
Cost: $40/$50/$65

VOICE

PRIVATE VOICE LESSONS WITH EMILY MIRABILE
Join Arts Director, Emily Mirabile, for private voice lessons in the YMCA Annex on Tuesdays. Lessons last a half hour. Students will work on technique and learn appropriate repertoire to grow their voice. There is limited space available. Please contact Emily at moorefromemily@gmail.com for voice lesson availability.
Weekly Lesson Cost: $35
ACTING

Y ARTS SKETCH COMEDY CLUB
Wednesdays, 4:00-5:30pm, Ages 8-16
Join Y Arts Director, Emily Mirabile, for our 2021 Sketch Comedy Club. Participants will meet weekly to practice their improv skills in a safe and appropriate environment. The group will work together to create skits and music videos to share with family and friends in the next episode of SUNDAY NIGHT LIVE! Come join the fun!
Session Cost: $45/$55/$70

Y ARTS FALL MUSICAL: SEUSSICAL JUNIOR!
Ages 4-16
Rehearsal expectations will vary based on age. All rehearsals will take place on Friday afternoons in the YMCA Annex. Younger cast members (Ages 4-7) will not be expected at every rehearsal.
Horton the Elephant, the Cat in the Hat and all of your favorite Dr. Seuss characters spring to life onstage in Seussical JR., a fantastical musical extravaganza from Tony-winners, Lynn Ahrens and Stephen Flaherty. Performances will be December 3-5, Location TBD.
First Full Cast Rehearsal: Friday, September 17, 3:30-5:30pm
Production Cost: $78/$88/$102

ADULT ART WORKSHOPS

FALL GLASS FUSION PLATE WORKSHOP
Thursday September 16, 2021
10-12pm in the Annex
Come make a Fall glass fusion plate to use as a decoration or for entertaining as the plate is food safe. Plates will be ready for pickup within 10 days of class. Beginners to advanced are welcome.
Cost: $30

FALL HAND PAINTED SCARF WORKSHOP
Thursday October 22, 2021, 10am-1pm
Come create a fabulous one of a kind Fall Scarf. We design the scarf and then go through the process of hand painting the scarf. Beginners to advanced are welcome.
Cost: $30

HOLIDAY GLASS FUSION WORKSHOP
Thursday November 18, 2021
10-12pm in the Annex
In this workshop we will make Holiday plates in a design of your choice. Glass is food safe. They make a great gift or to use at your Holiday gatherings. Glass will be processed in the kiln and available within 10 days of class. Beginners to advanced are welcome.
Cost: $30

GIFT TAGS AND ORNAMENTS
Thursday December 2, 2021
10-12pm in the Annex
Come have fun creating glass ornaments and gift tags. Great way to start the holiday season. Beginners to advanced are welcome.
Cost: $30

HOLIDAY HAND PAINTED SCARF WORKSHOP
Thursday December 10, 2021
10am-1pm in the Annex
Come create a fabulous one of a kind Holiday Scarf. We design the scarf and then go through the process of hand painting the scarf. Beginners to advanced are welcome.
Cost: $30

ART

COMIC BOOK ART
Tuesday 3-4pm
September 7, 14, 21, 28, October 5, 12, 19
In this 7 week class, students will work on developing characters and setting up a multi page comic book. We will work on drawing skills and inking comics along with working in Illustrator on the computer.
Cost: $55/$65/$80

DRAWING AND PAINTING
Tuesday 4-5pm
September 7, 14, 21, 28, October 5, 12, 19
In this 7 week class, students will work on pencil sketching and drawing along with painting. We will learn to draw and paint what we see.
Cost: $55/$65/$80

MIXED MEDIA
Thursday 3:30-4:30pm Ages 11 & up
Thursday, 4:30-5:30pm Ages 6-10
September 9, 16, 23, 30, October 7, 14, 21
In this 7 week class, students will work in several mediums such as glass fusion, sea glass art, fabric painting and printmaking.
Cost: $55/$65/$80

Emily Mirabile, Y-Arts Director, moorefromemily@gmail.com
As lifelong residents of the Boothbay region, we never once thought of living anywhere else. This area holds a special place in our hearts; and we wanted our children Ella, an eighth grader at Boothbay Region Middle School, and Kayla, a fourth grader at Southport Central School, to have some of the same experiences we had as children growing up in this great community.

After a challenging 2020, now it’s time for everyone to come Back Together! We cannot think of a better theme for this year’s Annual Fund drive to celebrate our successes and find the silver linings to what has been an unprecedented time in our lives. The YMCA needs our support as it moves forward with planned improvements to facilities and programs, projects derailed by COVID-19.

As a new member of the BRYMCA Board, I am learning the importance of the Annual Fund drive and how it supports the short- and long-term goals of our Y. Without the generosity and dedication of our community, we would not be so fortunate to have had the great YMCA experiences we all have had for so long.

As we come Back Together, please consider joining us in donating to this year’s Annual Fund. Together as a community we can help our Y continue to do great things.

Thank you! -The Watts Family