	TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Emery Lap Pool	5:30- 7:50	6 Lanes Open	3 Lanes Open	6 Lanes Open	3 Lanes Open	6 Lanes Open	6 Lanes Open @7
	7:50- 8:50	No Lanes Open	4 Lanes Open	No Lanes Open	2 Lanes Open	No Lanes Open	
	8:50- 11:00	6 Lanes Open	6 Lanes Open	6 Lanes Open	6 Lanes Open	6 Lanes Open	
	11:00- 1:00	I IOSEA					
	1:00- 4:00	6 Lanes Open	6 Lanes Open	6 Lanes Open	6 Lanes Open	6 Lanes Open	Closed after 11 on Saturdays
	4:00- 5:00	3 Lanes Open			3 Lanes Open		
	5:00- 6:00	3 Lanes Open	No Lanes Open		3 Lanes Open		
Ann Leach Pool	5:00- 7:00			Closed			
	7:00- 8:50	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim
	8:50- 9:30	1/2 Open 1/2 Balance		1/2 Open 1/2 Balance		Open Swim	
	9:30- 11:00	1/2 Open 1/2 Lessons		1/2 Open 1/2 Lessons		1/2 Open 1/2 Lessons	
	11:00- 1:00	Closed					
	1:00- 3:00	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Closed After 11 on Saturdays
	3:00- 6:00	1/2 Open 1/2 Lessons	1/2 Open 1/2 Lessons	1/2 Open 1/2 Lessons O MAY 17TH. Po	1/2 Open 1/2 Lessons		

4/26-,6/21 2025

Boothbay YMCA Spring Pool Schedules

AQUATIC CENTER CLOSED MAY 5TH TO MAY 17TH. Pool schedule subject to change. Trainings and staffing issues may pop up at any time. During Open Swim please be respectful of the members using the pool for therapeutic reasons. When the pool is busy lane sharing is required.

Spring Programs

Ages 3-5 PRESCHOOL: Lesson level 1/2 Tuesdays & Thursdays, 3 PM-3:30 PM Ages: 3-5 FM:\$60/M:\$70/NM:\$80 Maximum 6 Participants. Inst.- David

PRESCHOOL: Lesson level 2/3 Monday & Wednesdays, 9:30 AM- 10 AM Ages: 3-5 FM:\$60/M:\$70/NM:\$80 Maximum 6 Participants. Inst.-Erin

Ages 6-18 SCHOOL AGE: Lesson level 2/3 Mondays & Wednesdays, 4 PM - 4:45 PM. Ages 5+ FM:\$70/ M:\$90/NM\$100 Maximum 6 Participants. Inst. David

Ages 18 + AQUA COMBO: Classes Mondays, Wednesdays, Fridays 8:00 AM - 8:45 AM. Free with membership. Inst.- Erin & David & Lolly

AQUA BOOTCAMP: Classes Mondays & Thursdays 5:15 PM - 6:00 PM. M:\$25/NM:\$50. Inst.- David

AQUA FIT: Classes Tuesdays & Thursdays 8:00 AM - 8:45 AM. M\$25/NM:\$50 Inst. David & Lolly

STRETCH & BALANCE: Classes Monday & Wednesdays 8:50 AM -9:30 AM. M:\$25/NM:\$50 Inst. Lolly

SPRING TRIATHLON TRAINING& RACE: Class on Tuesdays 5:30 PM - 7:00 PM. M:\$50 / NM:\$100. Inst. David & Lauren