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BOOTHBAY REGION YMCA SUMMER GUIDE

JUNE 29-AUGUST 28, 2026

Online registration: JUNE 14, 2026 @ NOON

In House registration: JUNE 22, 2026 @ 7 AM

<https://boothbayregionymca.org> | 207.633.2855

261 Townsend Ave. Boothbay Harbor, ME 04538

**REGISTER
ONLINE!**



NEED TO KNOW

MEMBERSHIP MEANS MORE

WE ARE SEEKING CANDIDATES TO FILL THESE POSITIONS

Positions	Status	Contact
Child Care Lead Teacher	Full Time	Hannah Wayda
Aquatic Specialist and Swim Instructor	Full Time	David Washburn
Child Care Teacher Assistant	Part Time	Hannah Wayda
Healthy Living & Wellness Specialist	Part Time	Lisa McIntosh
Certified Personal Trainer	Part Time	Lisa McIntosh
Program Staff-Fit Kids	Part Time	Lindsey Senecal
Membership Desk Staff	Part Time	Trevor Tibbetts
Lifeguard	Part Time	David Washburn

GENERAL INFORMATION

HOLIDAYS

Juneteenth: Open
Independence Day: Closed

HOURS OF OPERATION

Facility Hours

Mon-Thrs: 5:30 AM - 8:00 PM
Fri: 5:30 AM - 7:00 PM
Sat: 7:00 AM - 5:00 PM
Sun: Closed

Pool Hours

Mon-Fri: 5:30-6:00
Check the pool schedule online for which pools are open throughout the day)
Both pools close daily 11-1

Sat: 7:00 AM - 11:00 AM
Sun: Closed

SCHEDULES

All schedules can be found online or at our Welcome Center.

NATIONWIDE MEMBERSHIP

Beginning January 1, 2026, the Boothbay Region YMCA we implemented new policies related to the Nationwide Membership Program.

After thoughtful consideration, our Board of Trustees approved this change to support a stable and sustainable financial foundation, enabling us to continue providing high-quality programs, services, and a welcoming environment that our community values.

Starting January 1, visiting members from other YMCAs must:

- Verify Membership using Nationwide
- Register (1 per unit) with a punch pass
- Pay a daily guest fee of \$15, or
- Purchase a punch card, or
- Purchase a 1, 3, or 6 month

If your membership is active at another YMCA we will waive the \$65 activation fee for those who choose a short-term membership.

We truly appreciate your understanding and continued support.

More than just a gym, a pool, or a place for fitness, YMCA members experience a sense of belonging that can't be found anywhere else!

MONTHLY RATES

Rates can be paid monthly or annually.

Activation fee: \$65 (paid at time of joining)

Family*	\$84
Senior Couple (65+)	\$74
Adult (26-64)	\$64
Senior (65+)	\$57
Young Adult (18-25)	\$39
Youth (0-17)	\$29

Pro-ration: The first month of joining is pro-rated. Example: An adult joining on January 13th would pay approximately \$34 for their first month, plus the activation fee.

*Family Categorization:

Up to 2 adults, plus their dependents aged 23 and below. A dependent is designated as immediate family, lives in the same household, and listed as dependents on IRS form 1040.

SHORT TERM MEMBERSHIPS

A short term membership can be sold for 1 month, 3 months, or 6 months. All fees below include our \$65 activation fee.

	Family	Senior Couple	Adult	Senior	Young Adult	Youth
1 Month	\$149	\$139	\$129	\$122	\$104	\$94
3 Months	\$317	\$287	\$257	\$236	\$182	\$152
6 Months	\$569	\$509	\$449	\$407	\$299	\$239
Annual	\$1008	\$888	\$768	\$684	\$468	\$348

GUEST FEES

Adults: \$15 (19+)
Youth: \$10 (13-18)
Youth: \$5 (0-12)

MEMBER BENEFITS & PERKS

- Cross-Trainers, Treadmills, Bikes
- Free Weight Room
- 2 Aerobics Studios
- Cybex Strength Equipment
- Punching Bag and Speed Bag
- Cycling Studio
- Indoor Lap Pool (25 yards)
- Indoor Therapy Pool
- Sauna on the Pool Deck
- Basketball Courts
- Racquetball/Squash Courts
- Indoor Track (1/8 of a mile)
- Two Indoor Tennis Courts
- Eight Pickleball Courts
- Nationwide Membership (at participating locations)
- 25 Group Exercise Classes per week
- 3 Water Aerobics Classes per week
- Special Program Rates for Family Memberships
- No Contracts
- Weekly Basketball and Volleyball Pick-Up Games. Email ttibbetts@brymca.org

YOUTH SWIM LESSONS

POOL SCHEDULE

WATER WIGGLERS

Session 1: June 29– July 2
 Session 2: July 13–16
 Session 3: August 10–13
 Session 4: August 24–27

Ages: 2 years old
Price: \$40/\$55/\$70
Monday–Thursday, 9am–9:30am

This class is designed for children who are 2 years old who want to get acclimated to the water. We will focus on basic fundamentals such as closing your mouth in the water, kicking your feet, getting your head wet. Guardians are not required to be in the water with their children but are encouraged to. We will mostly play games and wear a personal flotation device for free play.

Preschool Level 1/2

Session 1: June 29–July 2
 Session 2: July 13–16
 Session 3: August 10–13
 Session 4: August 24–27

Ages: 3–5
Price: \$50/\$65/\$80
Monday–Thursday, 9:30am–10am

Our primary focus is jumping in, going under water, floating, and getting our arms and legs to move together. Maximum 6 participants.

Preschool Level 2/3

Session 1: July 6–9
 Session 2: July 20–23
 Session 3: August 3–6
 Session 4: August 17–20

Ages: 3–5
Price: \$50/\$65/\$80
Monday–Thursday, 9am–9:30am

Participants should be able to already push off the wall and swim a short distance, as well as jumping in and returning to the wall independently. We will work on coordinating arms and legs to move farther away from the wall, and travel to the deep end to learn how to tread water! Maximum 6 participants.

SCHOOL AGE LEVELS 1/2

Session 1: July 6–9
 Session 2: July 20–23
 Session 3: August 3–6
 Session 4: August 17–20

Ages: 5+
Price: \$60/\$75/\$90
Monday–Thursday, 9:30am–10:15am

Pop in the Ann Leach pool with David to work on getting comfortable in the water, blowing bubbles, safety (jump, push, turn, grab & swim, float swim sequences,) and FUN during this 45 minute class. Maximum 6 participants.

SCHOOL AGE LEVELS 3/4

Session 1: June 29– July 2
 Session 2: July 13–16
 Session 3: August 10–13

Ages: 5+
Price: \$60/\$75/\$90
Monday–Thursday 10am–10:45

Join David in the Emery lap pool to work on stroke development, safety, skills & drills, and have a splashing good time! Maximum 6 students, and all must be able to fully submerge and swim with faces in the water to be successful in this class.

SCHOOL AGE LEVELS 4+

Session 1: July 20–23
 Session 2: August 17–20

Ages: 6+
Price: \$70/\$85/\$100
Monday–Thursday 10:15am–11am

Prerequisite- must have passed the swim test. This lesson continues to work on the finer points of strokes and diving. We will work on endurance and being able to swim multiple laps of the Emery pool and learn how to write our own workouts. Maximum 6 participants.

FINANCIAL ASSISTANCE

Our YMCA is here to serve people of all ages, backgrounds, abilities, and incomes. We believe our programs and services should be available to everyone, regardless of ability to pay. Thanks to the many supporters of our YMCA, we are able to provide financial assistance based on a sliding scale rate that is designed to fit each individual's financial situation.

Boothbay YMCA Pool Schedules April 27– June 20, 2026								
	TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Emery Lap Pool	5:30–7:50	6 Lanes Open	3 Lanes Open	6 Lanes Open	3 Lanes Open	6 Lanes Open	6 Lanes Open 7–11 am	Closed
	7:50–8:50	1 Lane Open	3 Lanes Open	1 Lane Open	3 Lanes Open	1 Lane Open		
	8:50–11:00	6 Lanes Open	6 Lanes Open	6 Lanes Open	6 Lanes Open	6 Lanes Open		
	11:00–1:00	Closed					Closes @ 11 on Saturdays	
	1:00–4:00	6 Lanes Open	6 Lanes Open	6 Lanes Open	6 Lanes Open	6 Lanes Open		
4:00–6:00	3 Lanes Open	6 Lanes Open	3 Lanes Open	6 Lane Open	3 Lane Open			
Ann Leach Pool	5:00–7:00	Closed						
	7:00–8:30	Open / Family Swim	Open / Family Swim	Open / Family Swim	Open / Family Swim	Open / Family Swim	Open / Family Swim	Closed
	8:50–9:30	1/2 Open 1/2 Balance		1/2 Open 1/2 Balance				
	9:30–11:00	1/2 Open 1/2 Lessons	1/2 Open 1/2 Lessons	Open / Family Swim	1/2 Open 1/2 Lessons	1/2 Open 1/2 Lessons		
	11:00–1:00	Closed					Closes @ 11 on Saturdays	
	1:00–3:00							
	3:00–4:30	Open / Family Swim	Open / Family Swim	Open / Family Swim	Open / Family Swim	Open / Family Swim		
4:30–6:00								

AQUATIC CENTER HAS LIMITED HOURS DUE TO STAFFING CHALLENGES.

- SCHEDULE SUBJECT TO CHANGE.
- JUNE 10–13 POOL WILL HAVE LIMITED LANES FOR LIFEGUARD CLASSES.

AQUA BOOTCAMP

Age: 16+
Mondays & Wednesdays, 5:15–6:00pm
\$35 Members; \$70 Non-Members

This class changes things up- from HIIT workouts to games that utilize the whole length of the pool. There's always fun, sweat, and smiles!

WELCOME

HEALTHY LIVING SCHEDULE

NEW CEO MEGAN BENVENTUO



Following an extensive nationwide search, the Board of Trustees of the Boothbay Region YMCA is pleased to announce the unanimous selection of Megan Benvenuto of Acworth, Georgia as its next Chief Executive Officer.

A native New Englander, Ms. Benvenuto brings more than a decade of strategic leadership within the YMCA movement, with a proven track record in community engagement and program innovation. The Search Committee was particularly impressed by her ability to lead high-performing teams while strengthening community partnerships and advancing the YMCA's mission.

"From the outset, Megan distinguished herself as a dynamic and values-driven leader," said Search Committee Chair Bill Thomas. "Her experience, energy, and commitment to community impact align perfectly with what we were seeking. We are confident she will lead the Boothbay Region YMCA into an exciting new chapter."

Board President Charlie Britton added, "Megan combines strategic vision with a genuine passion for people. She understands what makes a Y truly thrive -- strong relationships, inclusive programming, and a deep connection to the community. We are thrilled to welcome her to the Boothbay region."

Ms. Benvenuto most recently served as Group Vice President of the YMCA of Metro Atlanta, where she provided strategic oversight for four branches. She also served concurrently as Executive Director of the Northwest Family YMCA. Her previous roles include Senior Director of Community Impact and Director of Financial Development and Marketing at the Twin Rivers YMCA in North Carolina, as well as Director of Marketing and Communications for the YMCA of Cape Cod.

Although she has loved her time in the Atlanta area, Ms. Benvenuto shared that her move to Maine "feels like coming home." Having grown up and worked on Cape Cod, she brings a deep appreciation for New England coastal communities and a strong understanding of the opportunities and challenges of seasonal regions.

"I'm incredibly honored to be selected as the next CEO for the Boothbay Region YMCA, and my family and I are excited to move to the Boothbay peninsula," notes Ms. Benvenuto. "Every Y is unique in the way it serves its community, but we're united in a common purpose to ensure the people in our communities thrive. The Boothbay Region YMCA has benefited from strong and sustained leadership over the past 40 years. I'm humbled to serve alongside the dedicated staff, volunteers, and community members who make this Y such a special place, and build on that strong foundation."

The Boothbay Region YMCA serves the towns of Boothbay Harbor, Boothbay, Southport, and Edgecomb, with a mission to strengthen individuals, families, and the community through programs that promote a healthy spirit, mind, and body for all. Ms. Benvenuto will begin her new role on July 1, 2026, following the retirement of long-standing CEO Andy Hamblett.

"We are deeply grateful to Andy Hamblett for his exceptional leadership over the past twenty-four years," said Britton. "Thanks to his dedication, the Y is in a position of strength, and we are confident Megan will build on that legacy and lead us into a bright future."

Boothbay Region YMCA

Healthy Living Summer Schedule - June 8 - August 21

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30-6:30AM Total Body Challenge	5:30-6:30AM Aqua Fitness	5:30-6:30AM Total Body Challenge	5:30-6:30AM Aqua Fitness	5:30-6:30AM Total Body Challenge	
8:00-8:45AM Low Impact Aerobics Tagliabue		8:00-8:45 AM Low Impact Aerobics Tagliabue		8:00-8:45AM Low Impact Aerobics Tagliabue	
8:00-8:45AM Aqua Aerobics		8:00-8:45 AM Aqua Aerobics		8:00-8:45 AM Aqua Aerobics	
8:00-8:45AM Cycle Snider w/ Lauren	8:00-8:45AM Cycle Snider w/Lolly		8:00-8:45AM Cycle Snider w/Caroline	8:00-8:45AM Cycle Snider w/Janice	
8:00-9:00AM Zumba Studio Sarah/Monica					8:15-9:00AM Cycle Snider w/Abby
	8:30-9:30AM Chair Yoga Winslow Community Room w/Judy		8:00-9:00AM Zumba Tagliabue Sarah/Monica		8:30-9:30AM Zumba Tagliabue Sarah/Monica
	8:30-9:20AM BRB TWIST *NEW* Tagliabue w/ Catherine *6/23-8/18				
9:15-10:30AM Yoga Tagliabue	9:00-10:15AM Pilates / Yoga Stretch Studio w/Lori	9:15-10:30AM Yoga Tagliabue w/Romee	9:00-10:15AM Pilates / Yoga Stretch Studio w/Lori	9:15-10:30AM Yoga Tagliabue w/Karen	9:45-10:30AM Strength & Stretch Tagliabue w/Abby
9:15-10:00 AM Strength & Circuits Downstairs w/ Janice	9:30-10:15AM Seniors in Motion Tagliabue w/Lolly	9:15-10:00AM Strength & Circuits Downstairs w/ Janice	9:30-10:15AM Seniors in Motion Tagliabue w/Lolly	9:30-10:15AM Sit and Stretch Winslow Community Room w/Lolly	
			10:30-11:30AM BRB Twist *NEW* Tagliabue w/ Catherine *6/25-8/20		
PM CLASSES					
5:15-6:00PM Aqua Bootcamp \$FEE		5:15-6:00PM Aqua Bootcamp \$FEE			
5:15-6:00PM Absolute Strength Tagliabue w/ Alaina	5:15-6:00PM Cycle Snider w/ Abby	5:15-6:00PM Absolute Strength Tagliabue w/ Alaina			
Room Key					
POOL	Winslow Community	Tagliabue Studio (Upstairs)	Snider Spin Studio	Downstairs Studio	



BOOTHBAY REGION YMCA REGISTRATION GUIDE

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