

# Boothbay YMCA Pool Schedules

## February 23- April 25, 2026

	TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<b>Emery Lap Pool</b>	5:30-7:50	6 Lanes Open	3 Lanes Open	6 Lanes Open	3 Lanes Open	6 Lanes Open	6 Lanes Open 7-11 am	
	7:50-8:50	1 Lane Open	3 Lanes Open	1 Lane Open	3 Lanes Open	1 Lane Open		
	8:50-11:00	6 Lanes Open	6 Lanes Open	6 Lanes Open	6 Lanes Open	6 Lanes Open		
	11:00-1:00	Closed						Closes @ 11 on Saturdays
	1:00-3:00	6 Lanes Open	6 Lanes Open	6 Lanes Open	6 Lanes Open	6 Lanes Open		
	3:00-4:00	5 Lanes Open						
	4:00-5:00	*3 Lanes Open	6 Lanes Open	*2 Lanes Open	*3 Lane Open	6 Lane Open		
	5:00-6:00	3 Lanes Open	5 Lanes Open	3 Lane Open	6 Lanes Open	3 Lanes Open		
	<b>Ann Leach Pool</b>	5:00-7:00	Closed					
7:00-8:30		Open / Family Swim	Open / Family Swim	Open / Family Swim	Open / Family Swim	Open / Family Swim	Open / Family Swim	
8:50-9:30		1/2 Open 1/2 Balance		1/2 Open 1/2 Balance		1/2 Open 1/2 Lessons		
9:30-11:00		Open / Family Swim		1/2 Open 1/2 Lessons				
11:00-1:00		Closed						Closes @ 11 on Saturdays
1:00-3:00		Open / Family Swim	Open / Family Swim	1/2 Open 1/2 Lessons	Open / Family Swim	Open / Family Swim		
3:00-4:30		1/2 Open 1/2 Lessons	1/2 Open 1/2 Lessons	Open / Family Swim				
4:30-6:00	Open / Family Swim	Open / Family Swim	1/2 Open 1/2 Lessons					

• \* PLEASE NOTE , AFTER MARCH 3RD SWIM TEAM WILL ONLY NEED 3 LANES.\*

- SCHEDULE SUBJECT TO CHANGE.
- During Open / Family swim, please be respectful of everyone sharing space.
- Avoid jumping, splashing & swimming to close to others.

### Winter | PROGRAMS:

#### Swim Lessons:

- Preschool level 1-2. Wednesdays. 9:30-10:00. Ann Leach Pool.
- Preschool level 1-2. Mondays. 3:00-3:30. Ann Leach Pool.
- School Age level 1-2. Mondays. 3:30-4:15. Ann Leach Pool.
- School age level 3-4. Wednesdays 4:15-5:00. Emery Pool.
- Swim Club. Ages 6+. Mondays Wednesdays and Thursdays. 4:00-5:00. Emery Pool.

#### Aqua Aerobics (ages 15+):

- Aqua Combo. Mondays/Wednesdays/Fridays. 8:00 - 8:45. Emery Pool. Included with membership.
- Aqua Fit. Tuesdays/Thursdays. 8:00-8:45. Emery Pool. \$25 Member \$50 Non Members.
- Aqua Stretch and Balance. Mondays/Wednesday. Ann Leach Pool. \$25 Member \$50 Non Members.
- Aqua Bootcamp. Mondays/Wednesday. 5:15-6:00. Emery Pool. \$25 Member \$50 Non Members.