

Boothbay YMCA Winter 1 Pool Schedules

1/1 to 2/15 2025

	TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Emery Lap Pool	5:30-7:50	6 Lanes Open	3 Lanes Open	6 Lanes Open	3 Lanes Open	6 Lanes Open	6 Lanes Open @7
	7:50-8:50	No Lanes Open	4 Lanes Open	No Lanes Open	4 Lanes Open	No Lanes Open	
	8:50-11:00	6 Lanes Open	6 Lanes Open	6 Lanes Open	6 Lanes Open	6 Lanes Open	
	11:00-1:00	Closed					Lane sharing is encouraged.
	1:00-3:00	6 Lanes Open	6 Lanes Open	Closed	Closed	6 Lanes Open	
	3:00-3:30	Closed	Closed	Closed	Closed	Closed	
	3:30-5:00	Swim Team + Lessons	Swim Team + Lessons	Swim Team	Swim Team	Swim Team	
	5:00-6:00	3 Lanes Open	6 Lanes Open	6 Lanes Open	3 Lanes Open	6 Lanes Open	
Ann Leach Pool	5:00-7:00	Closed					
	7:00-10:00	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim
	10:00-11:00	1/2 Open 1/2 Lessons	Open Swim	Open Swim	Open Swim	1/2 Open 1/2 Lessons	Open Swim
	11:00-1:00	Closed					During Open Swim
	1:00-3:00	Open Swim	Open Swim	Open Swim	Open Swim	Closed	Please be respectful of the members using the pool for therapeutic reasons.
	3:00-3:30	Closed					
	3:30-6:00	Open Swim	Open Swim	Closed	Closed	Open Swim	

Winter 1 Programs

Classes & Lessons

- Ages 3-5 PRESCHOOL:** Lesson level 1/2 Mondays, 10 AM-10:30 AM Ages: 3-5 FM:\$60/M:\$70/NM:\$80 Maximum 6 Participants. Instructor- David
- PRESCHOOL:** Lesson level 1/2 Thursdays. 4 PM- 4:30 PM Ages: 3-5 FM:\$60/M:\$70/NM:\$80 Maximum 6 Participants. Instructor- David
- Ages 6-18 SCHOOL AGE :** Lesson level 1/2 Wednesdays, 4 PM - 4:45 PM. Ages 5+ FM:\$70/ M:\$90/NM\$100 Maximum 6 Participants. Inst. David
- SCHOOL AGE:** Lesson level 3/4 Tuesdays, 4 PM - 4:45 PM Ages 5+ FM:\$70/ M:\$90/NM\$100 Maximum 6 Participants. Instructor - David
- TEEN SWIM:** Mondays, 4:30 PM - 5:15 PM Ages 13+ FREE Maximum 6 Participants. Instructor - David
- SWIM TEAM 6-8:** Practices Tuesdays & Thursdays. 4:15 PM - 5 PM. FM:\$325/M:\$350. Coach - Piper + volunteers.
- SWIM TEAM 9-10:** Practices Mondays, Wednesdays, Fridays. 4 PM -5 PM. FM:\$325/M:\$350. Coach - Piper + volunteers.
- SWIM TEAM 11-18:** Practices weekdays 3:30 PM - 5 PM. FM;\$350/M:\$375. Coach - Piper + Volunteers.
- Ages 18+ AQUA COMBO:** Classes Mondays, Wednesdays, Fridays 8:00 AM - 8:45 AM. Free with membership. Instructors- Vary
- STRETCH & BALANCE:** Classes Mondays & Wednesdays 8:50 AM - 9:30 AM. M:\$25/NM:\$50 Maximum 10 Participants. Instructor - Irene
- AQUA BOOTCAMP:** Classes Mondays & Thursdays 5:15 PM - 6:00 PM. M:\$25/NM:\$50. Instructor- Erin