

# Boothbay YMCA Winter 2 Pool Schedules

2/15 to 4/26 2025

	TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Emery Lap Pool</b>	5:30-7:50	6 Lanes Open	3 Lanes Open	6 Lanes Open	3 Lanes Open	6 Lanes Open	6 Lanes Open @7
	7:50-8:50	No Lanes Open	4 Lanes Open	No Lanes Open	4 Lanes Open	No Lanes Open	
	8:50-11:00	6 Lanes Open	6 Lanes Open	6 Lanes Open	6 Lanes Open	6 Lanes Open	
	11:00-1:00	Closed					Lane sharing is encouraged.
	1:00-3:00	6 Lanes Open	6 Lanes Open	Closed	Closed	6 Lanes Open	
	3:00-3:30	Closed	Closed	Closed	Closed	Closed	
	3:30-5:00	Swim Team	Swim Team + Lessons	Swim Team	Swim Team + Lessons	Swim Team	
	5:00-6:00	3 Lanes Open	6 Lanes Open	6 Lanes Open	3 Lanes Open	6 Lanes Open	
	5:00-7:00	Closed					
7:00-8:50	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	
8:50-9:30	1/2 Open 1/2 Balance	Open Swim	1/2 Open 1/2 Balance	Open Swim	Open Swim		
10:00-11:00	1/2 Open 1/2 Lessons	Open Swim	Open Swim	Open Swim	1/2 Open 1/2 Lessons	Open Swim	
11:00-1:00	Closed					During Open Swim	
1:00-3:00	Open Swim	Open Swim	Open Swim	Open Swim	Closed	Please be respectful of the members using the pool for therapeutic reasons.	
3:00-3:30	Closed						
3:30-6:00	1/2 Open 1/2 Lessons	Open Swim	Closed	Closed	Open Swim		

**Pool schedule subject to change. Trainings and staffing issues may pop up at any time.**

## Classes & Lessons

### Winter 2 Programs

**Ages 3-5 PRESCHOOL:** Lesson level 1/2 Mondays, 10 AM-10:30 AM Ages: 3-5 FM:\$60/M:\$70/NM:\$80 Maximum 6 Participants. Instructor- David

**PRESCHOOL:** Lesson level 1/2 Monday. 4 PM- 4:30 PM Ages: 3-5 FM:\$60/M:\$70/NM:\$80 Maximum 6 Participants. Instructor- David

**Ages 6-18 SCHOOL AGE :** Lesson level 1/2 Tuesdays, 4 PM - 4:45 PM. Ages 5+ FM:\$70/ M:\$90/NM\$100 Maximum 6 Participants. Inst. David

**SCHOOL AGE:** Lesson level 3/4 Thursdays, 4 PM - 4:45 PM Ages 5+ FM:\$70/ M:\$90/NM\$100 Maximum 6 Participants. Instructor - David

**SWIM TEAM:** Swim team should be concluding March 8th. Lap swim will return when swim team ends.

**Ages 18+ AQUA COMBO:** Classes Mondays, Wednesdays, Fridays 8:00 AM - 8:45 AM. Free with membership. Instructors- Erin & David

**AQUA BOOTCAMP:** Classes Mondays & Thursdays 5:15 PM - 6:00 PM. M:\$25/NM:\$50. Instructors- Erin & David

**AQUA LOW IMPACT:** Classes Tuesdays & Thursdays 8:00 AM - 8:45 AM. M\$25/NM:\$50 Instructors David & Lolly

**STRETCH & BALANCE:** Classes Monday & Wednesdays 8:50 AM -9:30 AM. M:\$25/NM:\$50 Instructor Lolly